
SHRC NEWS

Published exclusively for the membership of Scottish Hills Recreational Club, Inc.

Phone: 469-8109

www.ScottishHills.org

Winter 2007

2007 Annual Meeting

Tuesday, March 6 at 7:00 PM
New Location !!!!

The 2007 Annual Members Meeting will be held on Tuesday, March 6, 2006 at 7PM at the Apex Community Center. The center is located at 53 Hunter St., near the intersection of Laura Duncan and Old Raleigh Rds. All members are encouraged to attend this important annual meeting. The Board will report on the status of the pool, including financial statements and recent improvements, and hold elections for three new board members for 3-year terms. One drawing for a free annual membership will be held at the meeting. Each family in attendance will receive a chance to win. Additional chances have been included for those who worked at the Spring or Fall Workdays.

YOU MUST BE PRESENT TO WIN!



Easter Egg Hunt

Saturday, March 31st at 8:30 AM

The Easter Bunny will be hosting our annual Easter Egg Hunt on the SHRC lawn. Join us at 8:30am for coffee, juice, and doughnuts. We have 4 age groups: 3 & under, 4-5 year olds, 6-7 year olds, and 8+ year olds and will stagger the hunts so parents can enjoy all their children having fun. Each group has their own area to hunt. Kids should wear play clothes and bring a basket for those eggs!

DON'T FORGET YOUR CAMERA !!!

Volunteers, please contact Mariel Swiggard at Social@ScottishHills.org.

From Our President's Desk

Dear SHRC Members:

Happy New Year to each of you - may 2007 be a wonderful year for you and your family and friends.



I hope you and your family enjoyed spending time at the SHRC last summer. Besides the usual open swim schedule, I know many members enjoyed swim and dive team activities, held parties for various celebrations and were able to attend some of the wonderful social activities Board Member Mariel Swiggard arranged so well.

Our Club members offered a lot of compliments about the numerous facility improvements we made pre-season, particularly the bathroom tiling and new paint jobs, the baby pool shade cover and the tennis court resurfacing. The board has already started a list of future projects to consider for the Club, however we are always open to suggestions from our members. Please contact Board Member Jeff Danes via e-mail with any of your facility improvement ideas, big and small. Jeff has done a superb job prioritizing and coordinating the efforts to accomplish the goals we continually set.

Our swim and dive teams both had terrific 2006 seasons, thanks to our dedicated coaching staff and the volunteer parent coordinators. We are very grateful to Ken and Karen George and Abel and Kim Grande who worked tirelessly to maintain the highest standards for the swim and dive teams. Both teams had more members than previous years, and all the children worked hard to do their best. They made us very proud of their accomplishments and good behavior, both at home and away meets.

SHRC hosted the Cary City Meet in July and, thanks to Jeff Kager and Steve Denning and the hard work of many wonderful volunteers, we received terrific reviews. The financial profit we gained from the CCM will help fund the repairs and upgrades you'll see at the Club in the future.

We were all terribly shocked and saddened by the illness and death of 8-year old Drew Howard on September 28, 2006. Drew was a sweet, fun-loving child whose energetic activities at the pool included swim team, tree climbing and a highly skilled Frisbee golf game. We will greatly miss Drew and our heart-felt condolences go out to his parents Donna and Peter and sisters Kathryn and Emily.

As I complete my last few weeks as your President, I would like to formally thank all my fellow board members who have shown their dedication and given so much energy to the club this past year. They have worked independently for their areas of responsibility as well as showing wonderful teamwork for Club projects and concerns. Reducing our board member number to seven two years ago has meant that we've each had to take on more responsibility than in the past. Thank you to Jeff Morgan (Treasurer), Jeff Danes (Facilities), Charlie Board (Membership), Judy Heilsnis (Communications), Mariel Swiggard (Social) and Kim Ludovici (Secretary & Insurance), who have worked so hard all year long - not just in the summer! - to keep everything running smoothly at the Club.

Have you enjoyed the various ways we have communicated SHRC activities to you this year? The web site, color-coded activity calendar, email receiver list to the membership, and the email accounts to reach Board members and activity coordinators have taken SHRC communications way beyond the days of just quarterly newsletters. Our grateful thanks to Judy Heilsnis for doing this for SHRC for the past three years. Her efforts will be missed next year when she rotates off the board.

I would also like to acknowledge the contributions of our dedicated manager, Mr. Roland Flory, and his

hard-working staff members who provided us with another wonderful summer of fun at SHRC. Most of the staff are from Club member families and obviously take great personal pride in their roles working at the pool.

And thank you to the many folks that came out to help at the fall work day. Those workers (as well as those who helped at the spring work day) will receive extra chance(s) to win their 2007 membership dues when they attend the SHRC Annual Meeting on March 6, 2007.

Please plan to attend this important annual meeting! Many items will be discussed, such as facility improvements and budget concerns. This is YOUR Club and this is your chance to learn about what we've done and what we're planning, have your voice heard and to vote on important issues. We will mail a post card to each member family to inform you of the time and location for the meeting.

There will be a membership vote at the annual meeting for three board member positions. If you are interested in serving on the board, please contact me or any other board member for more information. I think you will find it an interesting and truly rewarding experience.

I hope to see you all on Tuesday, March 6, 2007!

Diane Spencer



Welcome!

Welcome to all our new members and welcome back to our returning friends.

Just a few reminders about how we work:

- ✓ Check in at the front desk when you arrive
- ✓ All kids out of the pool for the last 10 minutes of each hour
- ✓ No running, no glass, no swearing
- ✓ The lap lane is for lap swimming
- ✓ Family fun for all

SHRC Communications

("Can you hear us now?")

SHRC Communications has come a long way these past three years. With the overwhelming help of the membership, we now have an email receiver list that reaches over 90% of the SHRC families.

Communicating through e-mail is benefiting members with timely information while saving the club money in printing and mailing notices. Most e-mails are also posted on our web site:

www.scottishhills.org. If you wish to add or change an e-mail address, please contact SHRC at info@scottishhills.org. (If you have a hotmail account, please add news@scottishhills.org to your list of approved email accounts. Otherwise, your spam filter may reject/discard emails from this account before you see them.) Information is available and easy to find on the web site all year long.

The email system works in two directions - not only do we have a large membership email receiver list to reach the members, but we also have email specific addresses for members to easily email people at SHRC, as well as all 7 board members at once using board@scottishhills.org. You will find a list of contact people and their respective emails at the end of the newsletter

Creating and maintaining this large e-mail receiver list, creating the new web site with its own domain name, creating and keeping the swim team web site updated, creating a CCM web site (www.swimCCM.org), writing weekly "SHRC News Updates" of weekly SHRC events during open season, and adding a web based calendar has been a three year time consuming project of mine, at a cost of only \$130/yr to SHRC for the web hosting and domain name. It was previously costing \$1600/yr to print and mail quarterly newsletters. Hopefully my efforts to provide real-time communication to the membership, while streamlining expenses, has helped improve the communication, understanding, and tolerance of the many activities offered at SHRC, for both new and existing members. My three year term is done

Go Sea Lions!

as of this month. Going forward, I will work with the new board to find ways to keep these communication functions continuing for SHRC.

Best regards,
Judy Heilsnis

ANNUAL SPRING WORKDAY

Bring The Whole Family!

Saturday, April 28th at 8:30 AM

Please join us for the annual ritual of the Spring Work Day! We will meet at the pool on the morning of Saturday, April 28th, starting at 8:30 AM and REFRESHMENTS will be served! Get reacquainted with old friends, meet other members, and enjoy fellowship with your friends and neighbors while getting the pool ready for another summer of fun. We encourage you to bring your children as an educational experience, a healthy dose of volunteerism, and to prove the old saying that many hands make light work! Let's set a record for attendance this year!!!

There are plenty of tasks to be done, including cleaning and setting out deck furniture, minor repairs, painting, landscaping, etc. Any and all skills are needed and welcomed. Old clothes that can handle dirt, paint, or bleach on them are a necessity. If you have ideas for future projects please bring them with you, or email Jeff Danes at Facilities@ScottishHills.org.

Remember, members who participate in any workday are entered in the raffle for a free annual membership, to be drawn at the next Annual Members Meeting. Mark your calendars now and come help get the pool ready for another great season!

Go Sea Lions!

2007 Membership Dues

Invoices for the 2007 Annual Membership dues will be mailed soon and must be paid in full by May 1st, 2007. Dues for 2007 are \$400. Demand is high and we cannot hold unpaid memberships. If your dues are not paid in full, you risk losing your membership and it will be offered to a family on the waiting list. Payments, payable by personal check to Scottish Hills Recreation Club, should be sent by regular mail (not certified or anything requiring signature confirmation) to:

SHRC
P.O. Box 859
Cary, NC 27512-0859

OR, come to our Spring Workday on April 28th
and pay in person!!!

- Please put your membership # on the check.
- A check returned for insufficient funds ("bad checks") will be subject to a \$30 processing fee.
- The SHRC board of Directors reserves the right to require CASH ONLY from members who repeatedly submit "bad checks".
- If you have questions, please contact our Treasurer, Jeff Morgan, at Treasurer@ScottishHills.org.

Friends or Neighbors Wishing to Join SHRC?

If you know someone who has said they are interested in joining SHRC, remind them that NOW is the time to apply. We have increased our membership to 420 families, but with the closing of Triangle Pool, we are filling up fast! For more information, log on to www.ScottishHills.org or contact Charlie Board at Membership@ScottishHills.org. Please note; our membership joining fee has been raised to \$500.

Resignations and Membership Transfers

If you are thinking of resigning your SHRC membership, there are two ways to sell it. The most common way is to notify us in writing (email Membership@ScottishHills.org or postal mail) that you wish to resign your membership. Your membership will be sold to the next person on the waiting list and a \$400 check will be mailed to you.

Another way to sell your membership is to offer it as part of the sale of your residence. Our members often find this an attractive addition to the amenities of their home and may even encourage the sale! If you choose this option, there is a form for both the seller and the buyer to complete and sign. The buyer must also submit an application and pay an application fee. Upon approval, the old member's number is retired and a new member number is assigned to the buyer. This procedure clarifies the requirements of membership and ensures that all parties agree to the conditions of transfer and ownership. It is advantageous to the buyer because the membership is transferred directly and they do not need to go on the wait list. **Please note: no private sale of SHRC membership is recognized!**

Appropriate forms for transfer by home sale may be obtained by contacting our Membership Coordinator, Charlie Board, at Membership@ScottishHills.org.

Please remember that your membership applies only to the people living in your house. Family members (adult children, adult siblings, grandchildren) living in a separate household are not covered under your membership. They may visit the pool with you as your guest, you may transfer your membership to them, or you may add non-member children to your membership for \$50 per child if you baby-sit them. Failure to comply with any of the SHRC rules may be considered sufficient cause for suspension of pool privileges.

Swim Team Update

Ken and Karen George

2007 Swim Team Coordinators

We are excited and are already working on plans for our upcoming swimming season. Our 5-1 record last year only tells a small part of the story of Sea Lion Swimming. We awarded hundreds of personal best ribbons, encouraged children to develop their potential, built life-long relationships and had fun doing it all!

Our goal again this year is to involve EVERY parent. We want to tap into the creativity of the Scottish Hills Family. Bring us your suggestions. We're expecting more families on the team this year due to the number of folks who are coming over from Triangle Swim Club. Let's do our part to make them feel welcome as fellow Sea Lions. Arf! Arf! Arf!

If you have suggestions, email them to "swimteam@scottishhills.org".

Again, we are planning to have "flexible" practice times. We've adjusted the schedule a bit, based on last year's participation numbers and members' needs. The board has provided some very beneficial feedback. Stay tuned to the website to find out about the changes. Change can be good!

Here are some dates to put on your calendar:

April 28th will be swim team registration day at the pool, from 10-2.

May 19th will be our pre-season picnic, from 5-6 and a meeting at 6. This will give you a chance to meet the coaching staff, the parent coordinators for various areas, and pick up a team roster. We'll publish an addendum to the roster around time trials.

May 21st marks our first week of practice, 4-7. Three ONE hour sessions each night.

Mark your calendar for Thursday June 5th for time trials, and each Tuesday night from June 12th - July 17th for our meets.

July 19th will be our year-end awards ceremony at the pool. Please plan to be there, as you will not want to miss congratulating our team on their accomplishments.

Finally, we'd like to include a paragraph from last year's March Newsletter.

"It's extremely rewarding and gratifying to see the little ones grow from being scared to jump in and swim 15 yards, to jumping up and down with excitement, waiting to swim in their last 15-18 relay for Scottish Hills. As you wipe that little tear out of your eye during their last 50 yards, you'll be thinking about their first 15 yards and realize that life is but a vapor that appears for a little time and then vanishes away. Cherish each moment. Remember, it's all about the kids!"

Little did we know that in quoting from James 4:14, it would be so true, so soon in our Scottish Hills family. Drew Howard will be remembered in some special ways this season. Please come be a part of those remembrances at both our pre-season picnic and our final awards ceremony.

Coordinators,
Ken & Karen George
swimteam@scottishhills.org

Mark your calendars
Registration is on April 28th

Adult Lifeguards

In order to be able to keep the pool open during the weekdays in late August, we need a few adult lifeguards who have current lifeguard certifications. Anyone interested should contact Roland at Manager@ScottishHills.org. We will help you get the training at our pool or at another facility.

Dive Team Update

Our dive team grew again in 2006 and enjoyed a rewarding season. We were even able to host a dive meet here at SHRC. We look forward to the return of our experienced divers and welcome new divers of all school ages.

After several years at the helm, Abel and Kim Grande have stepped down as Dive Team Coordinators. Debbie Tomasko has agreed to step in as the new Dive Team Coordinator.

Many thanks to Abel and Kim Grande for the many hours they volunteered and the tremendous enthusiasm they contributed to our divers over these past years!!!

**Go Sea Lions!!
Arf! Arf! Arf!**

Concession Stand Survey

We need your thoughts on our concession stand operation at the pool.

1. Any new/different products you would recommend?
2. What items sold should be discontinued?
3. Do you prefer fountain drinks over canned?
4. If we switched to all canned drinks we could offer more variety. Would that be desirable?
5. Any other comments or suggestions?

Please let us hear from you--respond now so any changes can be put into the operation this summer. Just email your responses to Roland at Manager@ScottishHills.org.

Flower Lovers Needed

We need several gardeners to volunteer to help select, prepare, plant, and care for the flower boxes/pots located inside the fenced pool area. If you are interested, please contact Roland at Manager@ScottishHills.org before April 15.

It's Hiring Time!

Do you know someone interested in working at SHRC this summer? Applications for staff are being accepted NOW through March 9th. This is a very short window because we have so many great employees returning, but we encourage anyone interested to get their application in; we have a few openings and our needs may change during the summer. Please contact Roland Flory for an application at Manager@ScottishHills.org. All lifeguards must be 16 years old and all gate & concession staff must be 15 years old by June 1, 2007. All lifeguards must have their lifeguard certifications before the pool opens. The pool will provide CPR and lifeguard training for the hired staff.

SHRC Info on the Web

Scottish Hills has its own web domain name - www.ScottishHills.org - and a web site with lots of information about SHRC. Chances are if you're looking for information about the pool, the web site has it covered.

From the Board

We have worked hard during these winter months to consider the needs of everyone at the pool, young, older, families, swim team, long-term and new members. We have organized an amazing web-site with information on everything you'd want to know, and planned activities for members of all ages to enjoy. We are fortunate to have a large number of staff who wish to return, and are just as glad to continue improving the facilities at SHRC. We've also kept the promise not to raise annual dues for the past 3 years.

Please remember that we can not please all people all the time, even though we want to. Your feed back and patience are valued and encouraged. Let's respect each other and enjoy this summer!



Your SHRC Board Members

(Email to All Board Members: Board@ScottishHills.org)

<u>Name</u>	<u>Responsibility</u>	<u>Email address</u>
Charlie Board	Membership	membership@scottishhills.org
Jeff Danes	Facilities	facilities@scottishhills.org
Judy Heilsnis	Communications	info@scottishhills.org
Kim Ludovici	Secretary/Insurance	secretary@scottishhills.org
Jeff Morgan	Treasurer	treasurer@scottishhills.org
Diane Spencer	President/Personnel	president@scottishhills.org
Maribel Swiggard	Social	social@scottishhills.org

Other SHRC Contacts

Roland Flory	Pool Manager	manager@scottishhills.org
Ken & Karen George	Swim Team	swimteam@scottishhills.org
Debbie Tomasko	Dive Team	diveteam@scottishhills.org
You ????	Tennis Ladder	tennis@scottishhills.org

Pool Number 469-8109